

Erstellt im Dezember 2009/2010 (für WMA-Vize-Präsident Serge Beckers/BEL)
 - weiter im Februar/März 2010

| | MODEL 2010 | | | | | | | | | | | | |
|-----------------------|--|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|
| MEN | Age factors for Masters Combined Events | | | | | | | | | | | | |
| | M35 | M40 | M45 | M50 | M55 | M60 | M65 | M70 | M75 | M80 | M85 | M90 | M95 |
| 3.000m | 1,0000 | ,9652 | ,9304 | ,8956 | ,8608 | ,8260 | ,7898 | ,7487 | ,6986 | ,6347 | ,5515 | ,4428 | ,3017 |
| 5.000m | 1,0000 | ,9651 | ,9302 | ,8953 | ,8604 | ,8255 | ,7892 | ,7480 | ,6978 | ,6338 | ,5505 | ,4417 | ,3005 |
| 10.000m | 1,0000 | ,9648 | ,9296 | ,8944 | ,8592 | 82,40 | ,7858 | ,7418 | ,6885 | ,6217 | ,5365 | ,4273 | |
| Halb-Marathon | 1,0000 | ,9647 | ,9294 | ,8941 | ,8588 | ,8235 | ,7848 | ,7398 | ,6849 | ,6158 | ,5275 | ,4143 | |
| Marathon | 1,0000 | ,9645 | ,9290 | ,8935 | ,8580 | ,8225 | ,7834 | ,7375 | ,6809 | ,6090 | ,5165 | ,3974 | |
| 20km Race Walk | 1,0000 | ,9670 | ,9340 | ,9010 | ,8670 | ,8315 | ,7938 | ,7528 | ,7069 | ,6539 | ,5909 | ,5142 | |
| Triple Jump | 1,0069 | 1,0636 | 1,1270 | 1,1984 | 1,2795 | 1,3724 | 1,4799 | 1,6056 | 1,7546 | 1,9428 | 2,1982 | 2,5759 | |
| Steeple Chase | 1,0000 | ,9539 | ,9078 | ,8617 | ,8156 | - | - | - | - | - | - | | |
| 3000/2000m | - | - | - | - | - | 1,2434 | 1,1572 | 1,0645 | ,9643 | ,8546 | ,7324 | | |
| Long Hurdles | 1,0000 | ,9572 | ,9144 | ,8716 | ,8288 | | | | | | | | |
| 400/300m | - | - | - | 1,2287 | 1,1922 | 1,1557 | 1,1173 | 1,0751 | 1,0253 | 0,9641 | 0,8877 | | |

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|-----------------------|--|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-----|-----|
| WOMEN | Age factors for Masters Combined Events | | | | | | | | | | | | |
| | W35 | W40 | W45 | W50 | W55 | W60 | W65 | W70 | W75 | W80 | W85 | W90 | W95 |
| 3.000m | 1,0000 | ,9572 | ,9144 | ,8716 | ,8276 | ,7803 | ,7276 | ,6669 | ,5952 | ,5090 | ,4047 | | |
| 5.000m | 1,0000 | ,9775 | ,9150 | ,8725 | ,8300 | ,7848 | ,7353 | ,6797 | ,6160 | ,5420 | ,4553 | | |
| 10.000m | 1,0000 | ,9589 | ,9160 | ,8740 | ,8320 | ,7874 | ,7382 | ,6822 | ,6169 | ,5394 | ,4463 | | |
| Halb-Marathon | 1,0000 | ,9595 | ,9190 | ,8785 | ,8344 | ,7864 | ,7330 | ,6725 | ,6030 | ,5224 | ,4360 | | |
| Marathon | 1,0000 | ,9590 | ,9180 | ,8770 | ,8329 | ,7836 | ,7278 | ,6640 | ,5905 | ,5054 | ,4066 | | |
| 20km Road Walk | 1,0000 | ,9484 | ,8968 | ,8452 | ,7936 | ,7408 | ,6862 | ,6284 | ,5648 | | | | |
| Triple Jump | 1,0186 | 1,0780 | 1,1448 | 1,2204 | 1,3066 | 1,4060 | 1,5218 | 1,6781 | 1,9164 | 2,3391 | 3,2733 | | |
| Steeple Chase | 1,0000 | ,9582 | ,9164 | ,8746 | ,8316 | ,7862 | ,7358 | ,6754 | ,5966 | | | | |
| 2000m | - | | | | | | | | | | | | |
| Long Hurdles | 1,0000 | ,9338 | ,8568 | | | | | | | | | | |
| 400mH/300mH | - | - | - | 1,2138 | 1,1388 | 1,0582 | 0,9682 | 0,8612 | 0,7220 | - | - | - | - |
| 200mH | - | - | - | - | - | - | - | - | 1,3902 | 1,2510 | | | |